

# FUN FOOD LORE

## International Christmas Delights

Hi, welcome to this issue of Fun-Food-Lore News!

A big welcome to all new subscribers! At Fun Food Lore we love to share recipes and interesting stories.

Hope you have a wonderful holiday planned filled with delicious food.

This has been a busy week for me. My hubby broke his foot and has been home on medical leave for a couple of weeks now. Between shuffling him to doctor appointments and caring for my disabled mother, I've been able to squeeze in some holiday baking. I made five new kinds this year to go along with our favorites.

### International Christmas Meals

Have you ever wondered what other people around the country are eating during the Christmas holiday? Perhaps, you'd like to bring a little international flavor to your own dinner table. When you are interested in trying something new for the holiday season, consider the following worldwide traditions:

#### *Brazil*

To bring in the holiday cheer left behind by "Papai Noel," you will find that those who can afford to splurge on a Christmas meal will dine on chicken, turkey, ham, rice, salad, and pork. Fresh and dried fruits are often served –most often times with beer. When the budget for planning a meal is tight, chicken and rice is customary as well.

#### *France*

"Santa" in France is referred to as Père Noël, and families awaiting his arrival may dine on the best cuts of meat and the tastiest wine.

#### *Germany*

The meal for Christmas Day in Germany consists of fish (usually carp) or goose.

#### *Hungary*

On the night of Christmas, a celebratory dinner is served – usually fresh fish that is typically accompanied by rice and potatoes. For dessert, homemade pastries decorate the dining room table. Once dinner has been enjoyed, the tree

#### *Latvia*

Christmas Day dinner is unique in Latvia, where people generally dine on cooked brown peas with a pork sauce (usually made with bacon), cabbage and sausage. Small pies are also part of the meal.

#### *Portugal*

At midnight, those waiting up until Santa arrives will dine on a special Christmas dish comprised of salted, dry codfish that is served with boiled potatoes. Continued on page 2.

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